

“...and Mike Rylander, as Beef, is endearingly dysfunctional...”

-Jon Townsend  
*Lavender Magazine*

Review of *The Awesome 80's Prom*

# Mike Rylander

Actor / Improviser / Host / Etc.

Height: 6' 1"

Hair: Brown

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Weight: 195

Eyes: Brown

Age Range: 20 - 30

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“Mike Rylander is a standout as Darthius...”

-Quinton Skinner  
*The City Pages*

Review of *Hamluke*

## EXPERIENCE – FILM / TELEVISION / VOICE OVER / PRINT

### FILM – FEATURE (SELECTED & MOST RECENT – SHORT FILMS AT: [MIKERYLANDER.COM](http://MIKERYLANDER.COM))

“Steve” (Lead), THE OLD ARIZONA, Committee Films, [theoldarizona.com](http://theoldarizona.com), [committeefilms.com](http://committeefilms.com), In-Development. (Written by Mike Rylander & Andy Awes, Directed by Andy Awes)  
“Ted” (Lead), WHY AM I IN A BOX?, Silent-But-Deadly Productions & Brain Damage Films, [sbdproductions.com](http://sbdproductions.com), [braindamagefilms.com](http://braindamagefilms.com), 2010. (Written & Directed by Rachel Grubb)  
“Churchgoer” (Featured Extra), THE CONVINCER, Werc Werk Works, [wercwerkworks.com](http://wercwerkworks.com), 2011. (Written & Directed by Jill Sprecher, Produced by Christine Walker)  
“Art Snob” (Featured Extra), NOBODY, Lindeman Pictures, [nobodythecomedy.com](http://nobodythecomedy.com), 2009. (Written & Directed by Rob Perez, Executive Produced by Josh Hartnett)

### TELEVISION – NATIONAL

Self (Guest Host / Spokesman), SHOP NBC – Various Programs, Various Products, Shop NBC Studios, [shopnbc.com](http://shopnbc.com), 2009-Present. (Executive Produced by Paul Kelley)  
“Dude #1” (Lead), SUPER BOWL XLIV – DORITOS – SNACK ATTACK SAMURAI, Highest-Rated TV Ad of All-Time, [snackattacksamurai.com](http://snackattacksamurai.com), 2010. (Created by Ben Krueger & Cole Koehler)  
“Prisoner / Tortured Knight Templar” (Featured), HISTORY CHANNEL – HOLY GRAIL IN AMERICA, Committee Films, [history.com](http://history.com), 2009. (Produced & Directed by Andy Awes)  
“Roger Patterson” (Featured), HISTORY CHANNEL – MONSTERQUEST – “CRITICAL EVIDENCE”, [history.com/monsterquest](http://history.com/monsterquest), 2009. (Produced by Michael Tabor)  
“The Dude” (Lead), LOGO NETWORK, CALIFORNIA MUSIC CHANNEL & Others – “DAISIES” by SICK OF SARAH (Music Video), [sickofsarah.com](http://sickofsarah.com), 2008. (Directed by Shane Nelson)  
Self (Host), MAD ABOUT MONEY (Pilot) – Big Fish Entertainment & National Theatre for Children, [madaboutmoney.tv](http://madaboutmoney.tv), 2008. (Directed by Ward Eames, Produced by Bob Beverage)  
Other Commercial Work: SUN COUNTRY AIRLINES, BUFFALO WILD WINGS, EDIBLE ARRANGEMENTS, COX BUSINESS SERVICES & DEER STAG FOOTWEAR

### TELEVISION – REGIONAL (MIDWEST)

Self (Host / On-Air Personality), THE CW TWIN CITIES – THE CW TWIN CITIES CREW, [thecwtc.com](http://thecwtc.com), 2008-2010. (Executive Produced by Jill Yerks)  
Self (Game Show Host), THE CW TWIN CITIES – 21 CARDS (13 Episodes) – Mystic Lake Casino Hotel, [facebook.com/21Cards](http://facebook.com/21Cards), 2009. (Executive Produced by Tom Burke)  
Commercial Work: MEDIACOM, TREASURE ISLAND RESORT, UNIVERSITY OF IOWA, MYSTIC LAKE CASINO HOTEL, HENDRICK'S REGIONAL HEALTH, DEJOPE GAMING & ASPEN BUILDERS

### CORPORATE VIDEO – INDUSTRIAL, RETAIL, ONLINE, ETC.

3M ([atomicplaypen.com/savethewalls](http://atomicplaypen.com/savethewalls)), CITY OF MINNEAPOLIS ([tapmpls.com](http://tapmpls.com)), HEALTH PARTNERS ([youtube.com/peteycup](http://youtube.com/peteycup)), GENERAL MILLS ([youtube.com/chemmixentertainment](http://youtube.com/chemmixentertainment)), UNITED HEALTH ([healthcarelane.com](http://healthcarelane.com)), REMINGTON COLLEGE ([remingtoncollegeonline.edu](http://remingtoncollegeonline.edu)), BEST BUY, TARGET, GEEK SQUAD, AMERIPRISE FINANCIAL, JOCKEY, BUFFALO WILD WINGS, MICHELIN, MEDTRONIC, MINNESOTA TIMBERWOLVES, SCHLITZ BEER, UNIVERSITY OF IOWA, LIFETIME FITNESS, PRIMERA TECHNOLOGIES, SMITHS MEDICAL, KING & PRINCE SEAFOOD, PROQUO, MYSTIC LAKE CASINO HOTEL, ADVERTISING FEDERATION OF MINNESOTA & AUGSBURG FORTRESS.

### VOICE OVER – RADIO (NATIONAL & REGIONAL)

Commercial Work: JOHNSONVILLE, ROUNDY'S, MINNESOTA DNR, EF FINANCIAL, BARGAIN NETWORK & HAMLIN UNIVERSITY

### PRINT – PERIODICAL, ONLINE, IN-STORE, ETC. (NATIONAL & REGIONAL)

Self, COSMOPOLITAN MAGAZINE – THE 50 SEXIEST BACHELORS IN AMERICA, [cosmopolitan.com](http://cosmopolitan.com), November 2007. (Photographed by Beth Studenberg)  
Commercial Work: DE HAVILAND WATCHES ([dehavilandwatches.com](http://dehavilandwatches.com)), REMINGTON COLLEGE ([remingtoncollegeonline.edu](http://remingtoncollegeonline.edu)), RECREATIONAL BOATING & FISHING FOUNDATION, SCHEHERAZADE JEWELERS, MARVIN WINDOWS, GOPHER SPORT CATALOG & AUGSBURG FORTRESS.

## EXPERIENCE – THEATRE / STAGED READINGS / LIVE EVENT HOSTING

### THEATRE – SELECTED & MOST RECENT (FULL LIST AVAILABLE AT: [MIKERYLANDER.COM](http://MIKERYLANDER.COM))

“Bartender”, BYE, BYE LIVER: THE TWIN CITIES DRINKING PLAY, Actor's Theatre of MN – Hennepin Stages, [byebyeliver.com](http://byebyeliver.com), Minneapolis, MN, 2010-Present. (Directed by John Haynes)  
“A.C. Slater”, THE SAVED BY THE BELL SHOW, Dana's Boys – Bryant Lake Bowl, [bryantlakebowl.com](http://bryantlakebowl.com), Minneapolis, MN, 2010-Present. (Written & Directed by Brad Erickson)  
Ensemble, THE HAPPY SHOW, Live Action Set – Bedlam Theatre, [liveactionset.com](http://liveactionset.com), Minneapolis, MN, 2010. (Created by the Ensemble, Directed by Ryan Underbakke)  
“Dominic”, TONY & TINA'S WEDDING, Actor's Theatre of MN – Mall of America, [actorsmn.org](http://actorsmn.org), Bloomington, MN, 2009. (Directed by Ross Young)  
“Telegraph Boy” / Ensemble, THE SKIN OF OUR TEETH, Girl Friday Productions – Theatre Garage, [girlfridayproductions.org](http://girlfridayproductions.org), Minneapolis, MN, 2009. (Directed by Benjamin McGovern)  
“Brick Pollitt”, CAT ON A HOT TIN ROOF, Lamb Lays With Lion – Bedlam Theatre [lamblayswithlion.org](http://lamblayswithlion.org), Minneapolis, MN, 2009. (Directed by Jeremy Catterton & Cameron Brainard)  
“Rufus” / Ensemble, DEVILED EGGS, Four Humors Theatre – Bedlam Theatre, [fourhumorstheatre.com](http://fourhumorstheatre.com), Minneapolis, MN, 2008. (Written & Directed by Nick Ryan)  
“Abram” / Ensemble, ROMEO & JULIET, Four Humors Theatre – Bedlam Theatre, [fourhumorstheatre.com](http://fourhumorstheatre.com), Minneapolis, MN, 2008. (Directed by Jason Ballweber)  
Chorus / Understudy, SONG OF SINGAPORE, Actor's Theatre of MN – Lowry Theatre, [actorsmn.org](http://actorsmn.org), St. Paul, MN, 2008. (Directed by Jon Cranney)  
Touring Company Member, MAD ABOUT MONEY, National Theatre for Children, [nationaltheatre.com](http://nationaltheatre.com), AK/PA/MN/MI/WI/ND, 2007-2008. (Directed by Jon Mikkleson & Pat Rowan)  
“Darthius / Polyodius”, HAMLUCHE, Dana's Boys – Bryant Lake Bowl, Hennepin Stages & Lowry Lab, Minneapolis & St. Paul, MN, 2006-2008. (Written & Directed by Brad Erickson)  
Various Characters (Sketch Comedy), THE DA VINCI CODE CLIFF NOTES, Brave New Others – Brave New Workshop, [bravenewworkshop.com](http://bravenewworkshop.com), Minneapolis, MN, 2006.  
“Beef”, THE AWESOME 80'S PROM, Hennepin Theatre Trust – Hennepin Stages, [awesome80srom.com](http://awesome80srom.com), Minneapolis, MN, 2005-2006. (Written & Directed by Ken Davenport)  
Various Characters (Sketch Comedy), SURFIN' THE BOOB TUBE, Brave New Institute Level V Showcase – Brave New Workshop, [bravenewworkshop.com](http://bravenewworkshop.com), Minneapolis, MN, 2004.

### STAGED READING – SCREENPLAYS, STAGE PLAYS, WORLD PREMIERES, ETC. (SELECTED)

“Paul / Others”, BABE: AN OLYMPIC MUSICAL, Theatre Unbound – Jeanne D'Arc Auditorium, [theatreunbound.com](http://theatreunbound.com), St. Paul, MN, 2008. (Written & Directed by Carolyn Gage)  
“Mitch”, REMEMBER MINNESOTA (CREW), Screenwriters' Workshop – Ritz Theatre, [rememberminnesota.com](http://rememberminnesota.com), Minneapolis, MN, 2007. (Written by Tess Clark & John Carroll Lynch)

### EMCEE/HOSTING – LIVE EVENT (SELECTED)

In-Arena Game Host / Co-Announcer, MINNESOTA TIMBERWOLVES – TARGET CENTER, [timberwolves.com](http://timberwolves.com), Minneapolis, MN, 2006-Present. (Produced by Chad Folkestad)  
Live Event Emcee, Clients: T-MOBILE, FOX SPORTS NETWORK, MINNESOTA STATE LOTTERY & MINNESOTA ALLIANCE WITH YOUTH

### TRAINING – ACTING / WRITING / IMPROVISATION (SELECTED)

COMEDY SCREENWRITING WITH BILL CORBETT, IFP Minnesota, [ifpmn.org](http://ifpmn.org), [rifftrax.com](http://rifftrax.com), St. Paul, MN, 2009. (Taught by Bill Corbett)  
BRAVE NEW INSTITUTE OF IMPROVISATION & SKETCH COMEDY, Brave New Workshop, [bravenewworkshop.com](http://bravenewworkshop.com), Minneapolis, MN, 2002-2006. (Taught by Mike Fotis & others)

COMPLETE RESUME & VIEWABLE REEL AVAILABLE AT [WWW.MIKERYLANDER.COM](http://WWW.MIKERYLANDER.COM)